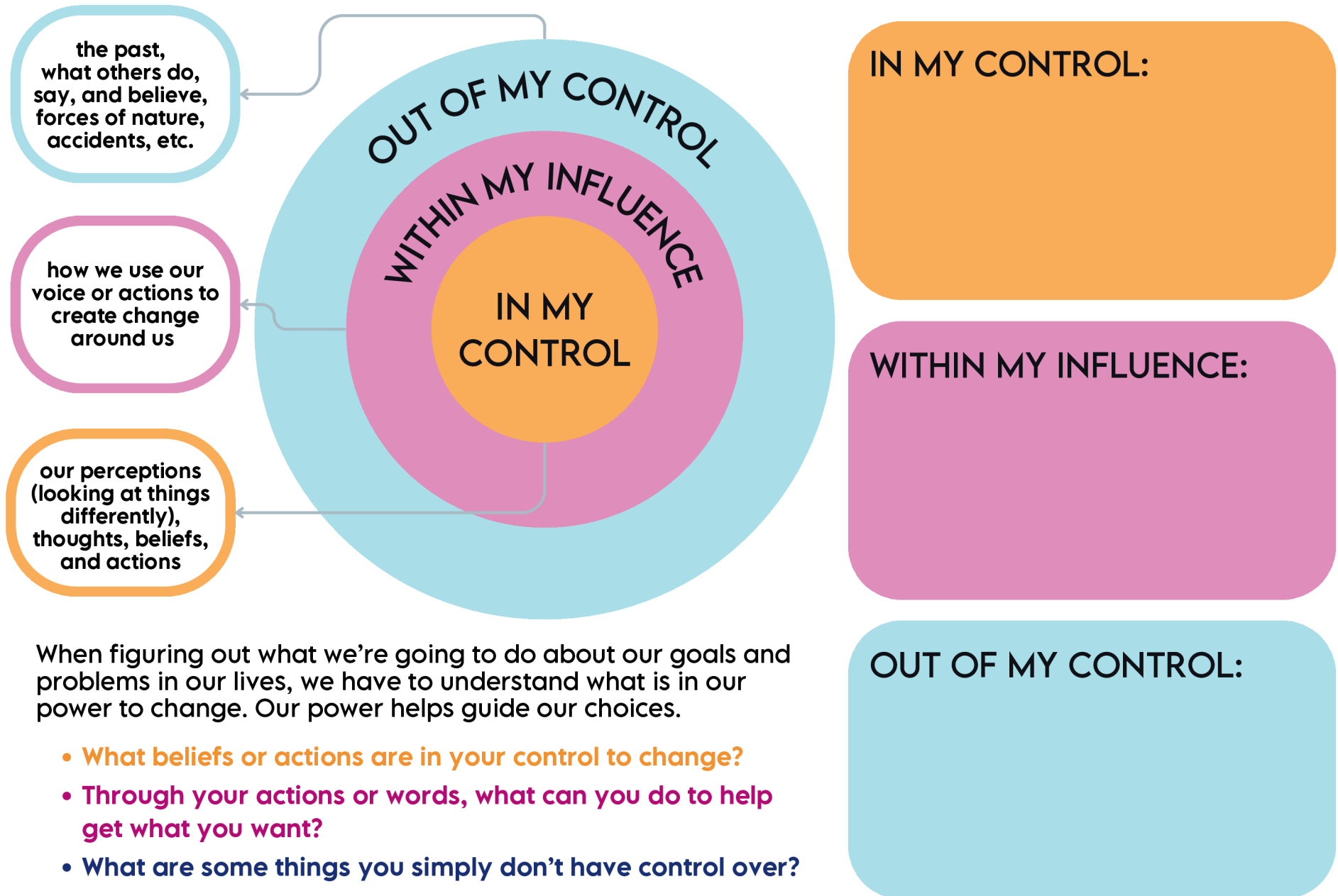


SPHERES OF INFLUENCE



SPHERES OF INFLUENCE



WHAT I WANT

MY "WHY"

WHAT I CAN
CHANGE OR DO
within my realm of control

THE SABOTAGING
THOUGHT & BELIEFS

CIRCUMSTANCES
HOLDING ME BACK

[illegible]

A blank orange notepad with rounded corners and horizontal ruling lines. The notepad is oriented vertically and features ten horizontal black lines for writing. The background is a solid orange color, and the corners are smoothly rounded.

[illegible][illegible]